



## Mental Health Transformation Grant

### Home Outreach Program for Empowerment (ID-HOPE) Idaho Department of Health and Welfare

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**Local Service Area:** Region 4 (Boise, Mountain Home and outlying areas)

**Primary Service Focus:** Prevention/Early Intervention

**Secondary Focus:** Homelessness and Housing

**Project Director:** Cynthia Clapper

**Project Team Members:** Brian Knight, Greg Dickerson

**CMHS Project Officer:** David Morrisette

**Evidence-Based Practice(s):** Critical Time Intervention

**Project Description:** *Home Outreach Program for Empowerment (ID-HOPE)* addresses the first SAMHSA Strategic Initiative of preventing mental illness through early interventions for adults with early signs of mental illness and promotion of wellness, and the fourth Strategic Initiative of increasing the availability of services linked to safe and affordable permanent housing for individuals who are discharged or at risk of hospitalization. The purpose of *ID-HOPE* is to implement transformative changes in mental health services delivery through the use of a time limited Critical Time Intervention (CTI) team whose services are designed to prevent and reduce state and community psychiatric hospital admissions and to support recovery and resilience of project participants in independent housing in the community of choice. Originally offered in Regions 3 and 4 of Idaho, this will be limited to Region 4 in Year 3 of the project. The CTI team provides 9 months of practical and emotional support, strengthening of natural supports and linkage/coordination/advocacy case management to build a strong foundation for project participants to recover in the community. The *ID-HOPE* team is composed of a mix of bachelor's/master's level staff and Certified Peer Specialists.